

7th GRADE HEALTH SYALLABUS

ISSAQUAH MIDDLE SCHOOL

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Room- GYM/2204

Course Description

The focus of this class is learning how to take care of your health by making wise decisions. Topics include: Your Health and Wellness, Tobacco, Immune System, Nutrition, Muscular/Skeletal System, Flash- HIV/AIDS and Internet Safety and Bullying.

Curriculum

- * Your Health and Wellness
- * Tobacco / Alcohol
- * Immune System
- * Nutrition
- * Nervous System
- * Cardiovascular/Circulatory System
- * Flash- HIV/AIDS
- * Internet Safety and Bullying

CLASSROOM EXPECTATIONS

- * Above all; Work to be better today, then you were the day before
- * Respect others
- * Be a good listener
- * Contribute to class discussions
- * Be on time
- * Sit in assigned seat
- * Bring proper classroom supplies

Separate file/divider in binder for Health class. Keep all work until final grades are posted.

GRADING Total Points

Grading

The grading scale is located in the student planner. Some assignments have a grading rubric that your child will get at the beginning of the project. This will help let him or her know exactly what is expected.

- * Assignments/ Homework
- * Quizzes
- * Tests
- * Projects (individual, small group)
- * Class Discussion

Assignments

It is the student's responsibility to:

Turn in all assignments on the due dates, unless other arrangements have been made prior to the due date. Arrangements/exceptions can be made for some specific circumstances.

It's better to get a late grade than no grade! Attendance is important.

Check on makeup work after an absence/illness. Students are given one extra day per day missed to turn in assignments (See Student Handbook, page 5). Many videos, class discussions and group work are involved and difficult to make-up. When absent check in with teacher, look in class assignment folder, refer to website.