

The Importance of Visual Images

Memoir Writers Use Visual Images or Photographs to:

- Help them remember or share details about special or meaningful places they've been
- Help them recall and reflect upon people they have shared special moments with
- Help them recall and show events that made their lives happier or left lasting impressions
- Trigger interests and memories in order to convert them into powerful reflections and stories
- Recall, reflect, and share moments that are poignant and meaningful