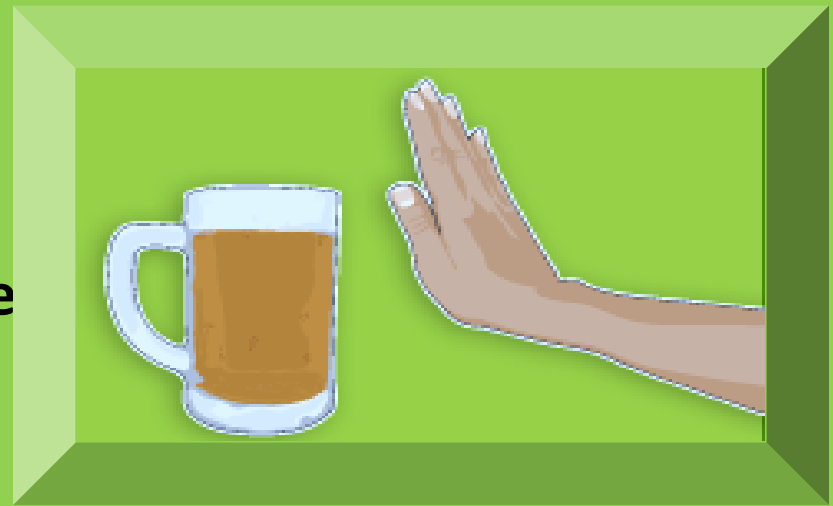


## Chapter 15

# Alcohol

## Lesson 3

### Alcoholism and Alcohol Abuse



# Alcoholism and Alcohol Abuse

**BIG IDEA** → Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Building Vocabulary

- **addiction**                      A mental or physical need for a drug or other substance
- **alcoholism**                      A disease in which a person has a physical and psychological need for alcohol
- **malnutrition**                      A condition in which the body doesn't get the nutrients it needs to grow and function properly
- **alcohol abuse**                      Using alcohol in ways that are unhealthy, illegal, or both
- **substance abuse**                      Using illegal or harmful drugs, including any use of alcohol while under the legal drinking age

# Alcoholism and Alcohol Abuse

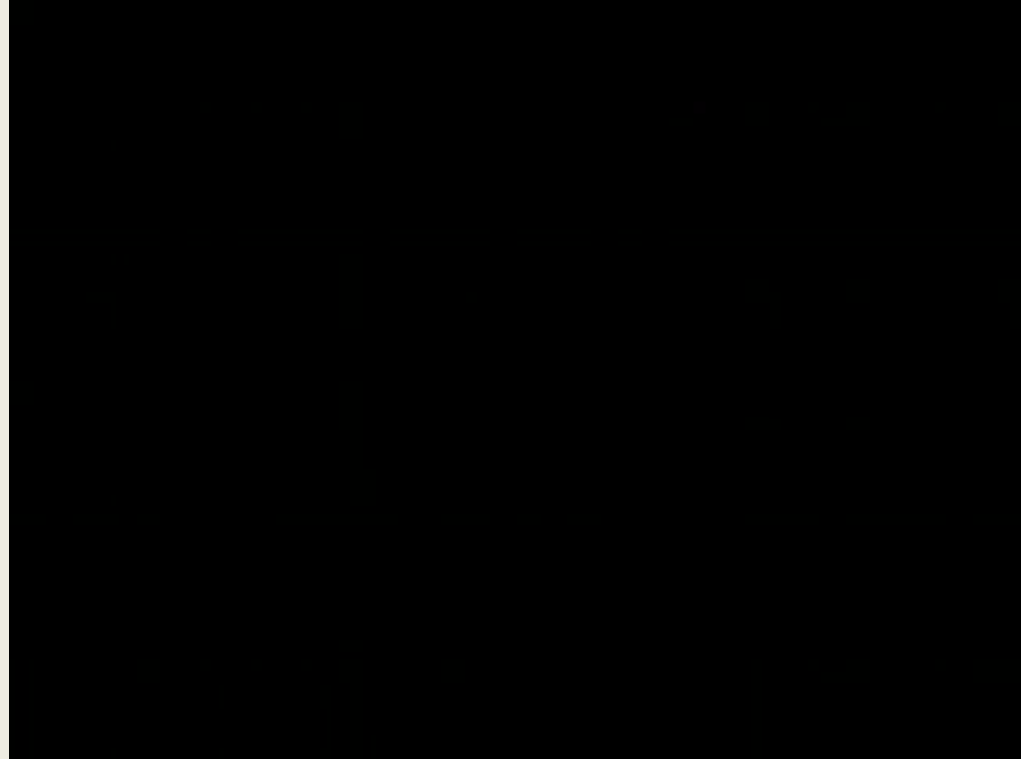
**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Health eSpotlight Video

*Watch the video and complete the questions.*

1. Identify the risk to teens who drink alcohol before age 14.
2. Describe the long term brain damage associated with teen drinking.



# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Study Organizer

Use the study organizer to take notes as you read the lesson.

	I.
	A.
	1.
	2.
	B.
	II.

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# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Real-Life Issues

**Your Health Inventory** Open a new page in your online Notebook and add the title *Alcoholism and Alcohol Abuse*. For each statement in the Lesson Resources panel, record your response in your online Notebook. Response choices are “Yes,” “No,” and “Sometimes.” When you finish reading the lesson, check your responses. Would you change any responses?

# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Alcohol's Addictive Power

As with other drugs, using alcohol regularly can lead to **addiction**.

### New Vocabulary

**addiction** A mental or physical need for a drug or other substance

# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Alcohol's Addictive Power

Alcohol use is a serious health issue. Alcohol addiction has negative impact on that person's entire life. Alcohol addiction affects all three sides of a user's health triangle—physical, mental/emotional, and social.

# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Alcohol's Addictive Power

A person who is addicted to alcohol

- frequently uses it alone.
- often uses alcohol to the point of becoming intoxicated.
- may ignore friends or lose them entirely.
- often neglects his or her family.
- does poorly in school or at work.
- may lose his or her job or get in trouble with the law.
- needs to use it every day in order to function.
- may forget to eat regularly and stops taking care of himself or herself.



# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## The Disease of Alcoholism

People who are addicted to alcohol suffer from **alcoholism**. Alcoholics typically experience some or all of the following symptoms of alcoholism:

Craving

Loss of Control

Tolerance

Physical Dependence

Making Excuses

Irritability

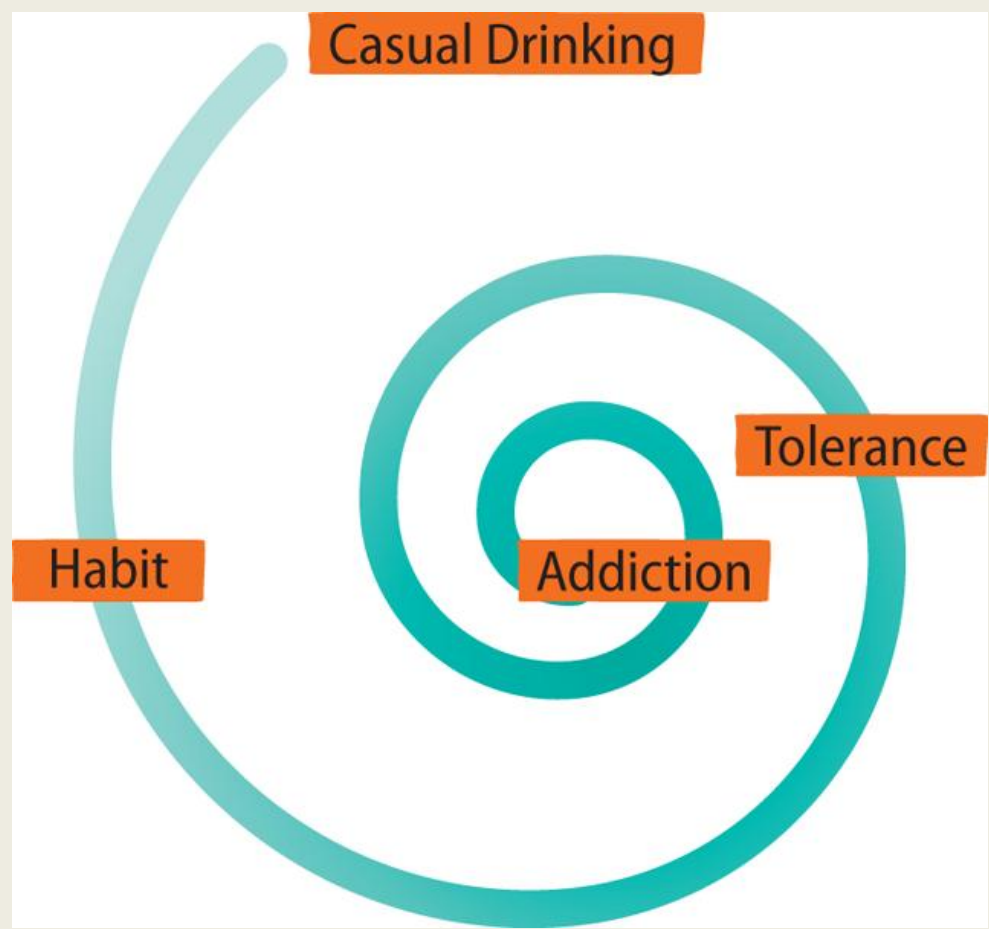
### New Vocabulary

**alcoholism** A disease in which a person has a physical and psychological need for alcohol

# Alcoholism and Alcohol Abuse

**BIG IDEA** → Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Stages of Alcoholism



# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Stages of Alcoholism

**Stage One—Abuse.** The user may:

- have short-term memory loss and blackouts.
- begin to lie or make excuses for drinking.
- begin saying or doing hurtful things to friends and family members.

# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Stages of Alcoholism

**Stage Two—Dependence.** The person

- loses control and cannot stop drinking.
- begins to physically depend on the drug.
- can become aggressive, avoid family and friends, or have physical problems.
- typically tries to hide his or her alcohol problem, but is unable to function well at home, school, or work.

# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Stages of Alcoholism

**Stage Three—Addiction.** The person may

- be intoxicated for long periods of time.
- already have damage to his or her liver.
- become intoxicated after drinking less alcohol.
- experience strange fears, hallucinations, and suffer from **malnutrition**.

### New Vocabulary

**malnutrition** A condition in which the body doesn't get the nutrients it needs to grow and function properly

# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## How Alcoholism Affects Families

Children of alcoholics sometimes blame themselves.

Denial

Family members may focus on helping the alcoholic and not take care of their own needs.

Abuse

# Alcoholism and Alcohol Abuse

**BIG IDEA**

Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## How Alcoholism Affects Society

Health Care

Law Enforcement

Workplace

# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Alcohol Abuse

Although the terms alcoholism and **alcohol abuse** are sometimes used in the same way, there is a difference.

### New Vocabulary

**alcohol abuse** Using alcohol in ways that are unhealthy, illegal, or both



# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Alcohol Abuse

Alcohol abuse is a type of **substance abuse**.

### New Vocabulary

**substance abuse** using illegal or harmful drugs, including any use of alcohol while under the legal drinking age

# Alcoholism and Alcohol Abuse

**BIG IDEA** Alcohol is a highly addictive drug that can lead to disease and damage relationships.

## Alcohol Abuse

The four main symptoms of alcohol abuse include:

Failing to complete major work tasks or ignoring responsibilities at home or school.

Drinking in situations that are dangerous.

Having ongoing financial or legal problems.

Continuing to drink even after the person has a problem with a friend or family member.

# Alcoholism and Alcohol Abuse

## Lesson 3 Review

### ▶▶▶ After You Read

**Vocabulary** Define alcohol abuse. Use the term in a complete sentence.

# Alcoholism and Alcohol Abuse

## Lesson 3 Review

### ▶▶▶ After You Read

**Explain** What is the difference between alcoholism and alcohol abuse?

# Alcoholism and Alcohol Abuse

## Lesson 3 Review

### ▶▶▶ After You Read

**Describe** Briefly describe the spiral of addiction.

# Alcoholism and Alcohol Abuse

## Lesson 3 Review

### ▶▶▶ Thinking Critically

**Analyze** Layla has started drinking alcohol. Now she is forgetting things and lying to others about her alcohol use. She also has been in more arguments with her friends and family. What stage of alcoholism is Layla likely experiencing?

# Alcoholism and Alcohol Abuse

## Lesson 3 Review

### ▶▶▶ Thinking Critically

**Evaluate** Briefly explain why alcohol use is even more dangerous for teens.

# Alcoholism and Alcohol Abuse

## Lesson 3 Review

### ▶▶▶ Applying Health Skills

**Decision Making** A friend has been irritable and moody lately. He tells you that he really needs alcohol and asks you to help him get some. He thinks only alcohol will make him feel better. Use the decision-making steps to make a responsible choice.



Chapter 15

# Alcohol

**END**

**Lesson 3**

**Alcoholism and Alcohol Abuse**

