

8th Grade Health-March 1



Quick pass back

1. Test

Ch.22: Illegal Drugs

Lesson 1-Health Risks of Drug Use (pgs592-597)

- Read Aloud Chapter as a class
- Review key terms
 - Substance abuse
 - Illegal drugs
 - Drug use
 - Overdose
 - Addiction
- Consequences For: Individual, Friends & Family, Others, Society

Watch Health e-Spotlight: Health Risks of Drug Use

Today I am learning about...

- ✓ The Health Risks of Drug use.

So I can...

- ✓ Understand that substance abuse includes the use of illegal substances, as well as the misuse of legal substances.

I will know I am successful when I

- ✓ *Have reviewed the vocabulary and understand that there is a Psychological dependence and a Physiological dependence caused by some drugs.*
- ✓ *Have talked about addiction and how it is a serious consequence of physiological or psychological dependence on a drug.*
- ✓ *Have reviewed, with the class, the Ch.22.1 PowerPoints associated with Illegal drugs*
- ✓ *Have watched the Ch.22.1 Health Risks of Drug Use video*

8th Grade Health-March 2



Quick Write

1. What effect could a lowering of inhibitions have on a teen's physical health?
2. What would you stand to lose if you engaged in substance abuse?
3. What are some strategies you could or have used to avoid drug use?

Ch.22: Illegal Drugs

Lesson 2-Marijuana, Inhalants, and Steroids

- Read Aloud Chapter as a class
- Review key terms
 - Marijuana
 - Paranoia
 - Inhalants
 - Anabolic-androgenic steroids
- Complete:** Ch.22/Lesson 2 Reading Strategy Graphic Organizer

Watch Health e-Spotlight: Health Risks of Drug Use

Today I am learning about...

- ✓ The Health Risks of Marijuana, Inhalants, and Steroids

So I can...

- ✓ Understand marijuana, inhalants, and steroids are often abused and pose serious risks to health.

I will know I am successful when I

- ✓ *Have reviewed the vocabulary and understand that marijuana is considered a possible gateway drug, a drug that may lead the user to try other, more dangerous drugs.*
- ✓ *Have talked about paranoia and how a person can become irrationally suspicious or distrusting of others.*
- ✓ *Have reviewed, with the class, the Ch.22.2 PowerPoints associated with Marijuana and Steroid use*

8th Grade Health-March 3



Quick Write

What effects do psychoactive drugs have on the mind? Why are they so harmful to teens?

Ch.22: Illegal Drugs

Lesson 3-Psychoactive Drugs

Review key terms

- Psychoactive drugs
- Designer drugs
- Hallucinogens
- Euphoria
- Depressants
- Stimulants
- Opiates

Complete: Ch.22/Lesson 3 Psychoactive Drugs Study Guide

Watch: KIRO News 7-Seattle heroin overdoses: See maps of where each case happened, 2014-2016-Monday

- <http://www.kiro7.com/news/local/overdose-overload-in-seattle/464162767>

Watch: Overview of psychoactive drugs | Processing the Environment | MCAT | Khan Academy

<https://www.youtube.com/watch?v=icD3l5bhhKY>

Today I am learning about...

- ✓ Psychoactive Drugs

So I can...

- ✓ Understand that psychoactive drugs affect the central nervous system and can be especially damaging to the developing brain and body of a teen.

I will know I am successful when I

- ✓ *Have reviewed the vocab & understand that Psychoactive Drugs are chemicals that affect the Central Nervous System and alter activity in the brain.*
- ✓ *Understand that some psychoactive drugs have medicinal value.*
- ✓ *Have reviewed, with the class, the Ch.22.3 PowerPoints associated with Psychoactive Drugs.*
- ✓ *Have watched the Overview of psychoactive drugs: Processing the Environment/Khan Academy*
- ✓ *Have watched and discussed the Channel 7 News report on Opiate use in Seattle.*

8th Grade Health-March 6



Quick Write

- What are three signs of depression and suicide?

- How can you support a friend who is depressed or suicidal?

Review for Test:

- PowerPoints uploaded to website
- All notes returned for review
- Maybe...

Jeopardy(may or may not work from home):

<https://www.jeopardy.rocks/jobetest/play>

<https://www.jeopardy.rocks/edit/jobetest>

Today I am learning about...

- ✓ Review for Final Test

So I can...

- ✓ Have a basic understanding of all material covered.

I will know I am successful when I

- ✓ *Have reviewed Drugs, Mental Health, Nutrition, Suicide, Food Safety, Mental Disorders, Stress, Eating disorders.*